

Be still,
and know
that I am
God.

Psalm 46:10

Grace Lutheran Church



Contemplative worship at Grace
"Last Wednesdays" at 7:30 p.m.

September 28: Silent Prayer

SILENT PRAYER

Be Still and Know

1* 2

Be still and know that I am God.

Be still and know that I am God.

The image shows two staves of musical notation in G major (one sharp). The first staff is a simple melody with a first ending marked '1*' and a second ending marked '2'. The second staff is a more complex melody with a fermata over the final note, which is marked with a smiley face '(^)'. The lyrics 'Be still and know that I am God.' are written below both staves.

** May be sung in canon*

Text: Psalm 46:10

Music: BE STILL AND KNOW (BELL), John L. Bell, b. 1949

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Call to worship

The peace of our Lord Jesus Christ be with you.
And also with you.

Blessed be the one, holy, and living God.
Glory to God for ever and ever.

Loving God,
as the day draws to a close we pause to rest in you.
Quiet our minds that they may be still.
Fill our hearts that we may abide in love and trust.

Christ, as a light illumine and guide me.
Christ, as a shield overshadow me.
Christ under me;
Christ over me;
Christ beside me,
on my left
and on my right.

Amen.

Reading: 1 John 4:7-12

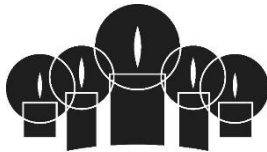
⁷Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. ⁸Whoever does not love does not know God, for God is love. ⁹God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him. ¹⁰In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. ¹¹Beloved, since God loved us so much, we also ought to love one another. ¹²No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us.

Word of God, word of life. **Thanks be to God.**

Silent prayer

Holy God, open our hearts to the silent presence of the Spirit of your Son. Lead us into that mysterious silence, where your love is revealed to all who call, 'Come, Lord Jesus.'

Allow yourself to relax. Focus on your breathing, your posture. Open yourself to the presence of the Holy One. Let thoughts flow through but do not cling to them. With every breath, clear your mind to become fully open to the Spirit.

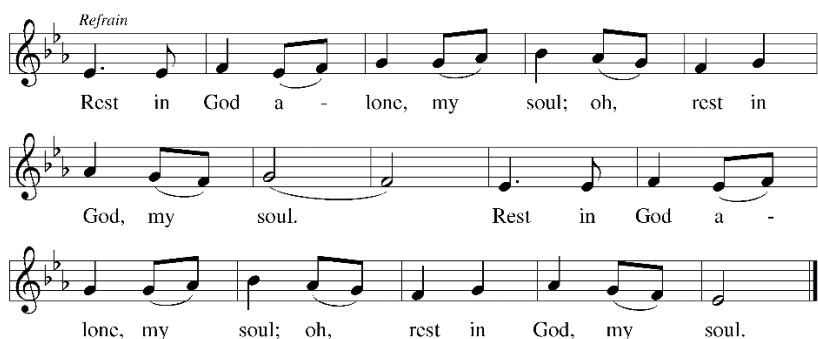


Coming back together

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, so that we may truly love you and worthily praise your holy name; through our Savior, Jesus Christ. Amen.

Rest in God Alone *Psalm 62*

Refrain



Rest in God a - lone, my soul; oh, rest in
God, my soul. Rest in God a -
lone, my soul; oh, rest in God, my soul.

1 Only in God is my soul at rest.
From God comes my salvation.
God only is my rock, my stronghold.
I shall not be disturbed. **Refrain**

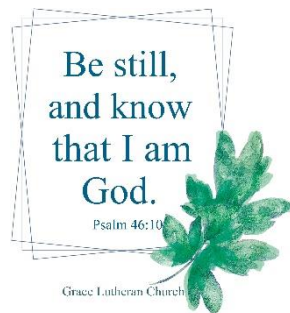
2 Only in God be at rest, my soul;
from God comes hope for each day.
God only is my rock, my stronghold,
the love for ev'ry way. **Refrain**

3 God is my safety and God my glory.
God is the source of my strength.
Trust God in ev'ry time, O people;
pour out your hearts to God. **Refrain**

Concluding prayer: Lifting grateful hearts to God

Our Father, who art in heaven....

Join us on October 26 for Lectio Divina
and Wednesdays in Advent (Nov. 30, Dec.
7, 14 and 21) for Holden Evening Prayer.



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